How intimate partner violence affects quality of life

Women described how intimate partner violence created fear that affected their quality of life. Women expressed a broad range of fears beyond fear of their partner. Their accounts provide insight into the impact that intimate partner violence has on their lives, and also indicate the changes needed for their quality of life to improve.

Fear in response to women's imagined futures

r of co-parenting fear that my child will be scared fear of the impact of fear on my children fear my child will blame me for not having a positive image of him fear that all this will impact on
r that all this will impact on being able to care for my children fear for my own children's quality of life fear of co-parenting fear that my child will be scared fear of the impact of fear on my

Fears about physical safety of self or others

ear about the next time he hits me fear of him breaking court orders and coming to get me fear of physical and mental abuse fear he will hurt my family or friends fear he will kill the dog ear about the next time he hits me fear of him breaking

Fears related to formal systems and processes

r of not feeling safe with authorities fear the court system will continue abusing me fear of the child protection system blaming me for his abuse fear of child removal by child safety even though I didn't do it Fear of not fe

Fear associated with discursive power

ople judging me fear of being a drain on society fear of leaving and failing at it fear of staying and being blamed for it fear of not coping with life Fear of people judging me fear of being a drain on socie

Socio-economic fears

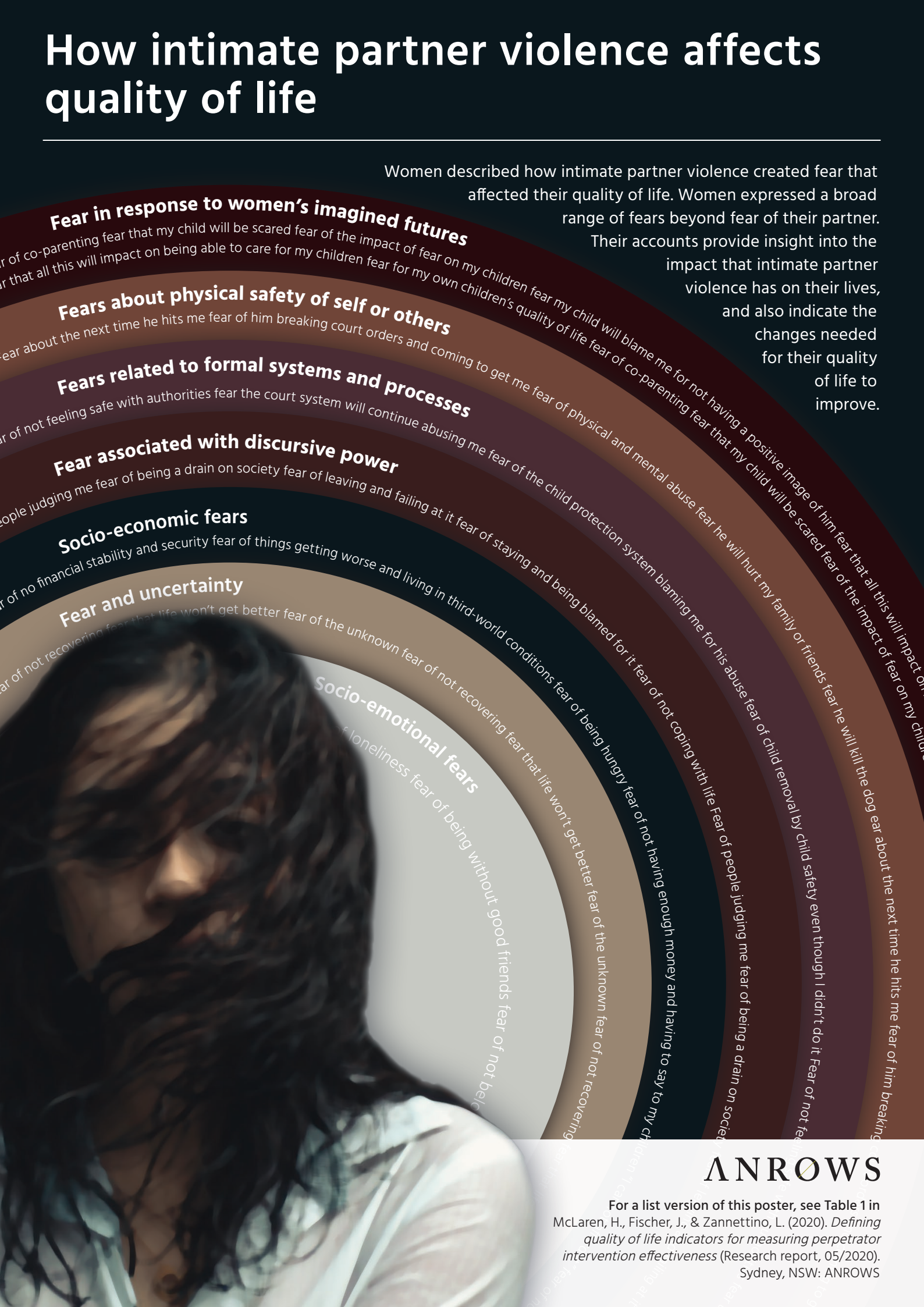
r of no financial stability and security fear of things getting worse and living in third-world conditions fear of being hungry fear of not having enough money and having to say to my ch

Fear and uncertainty

ar of not recovering fear that life won't get better fear of the unknown fear of not recovering fear that life won't get better fear of the unknown fear of not recovering

Socio-emotional fears

f loneliness fear of being without good friends fear of not bel



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For a list version of this poster, see Table 1 in McLaren, H., Fischer, J., & Zannettino, L. (2020). *Defining quality of life indicators for measuring perpetrator intervention effectiveness* (Research report, 05/2020). Sydney, NSW: ANROWS