# Whatever It Takes

Access for women with disabilities to domestic and family violence services

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## One size does not fit all just like with a t-shirt.

My

t-shirt does

not fit!

When it does not fit it does not feel right.

The service fits, it feels right for you - just like a well fitting t-shirt.

more about

#### Accessible services are:

**Approachable:** This means women know the service is there, you can find it, get to it and you feel OK going there.

**Acceptable & Appropriate:** This means it fits for the woman, she gets to say if it is working for her.

**Affordable:** It should not cost you money to get there, to be there and to go as often as you need to.

**Available:** This means it is there for YOU and you can use it like other women do.

#### Services need to work together.

You pack the t-shirt and take it everywhere you go - it stretches and changes with you. Services can see it and don't need to ask you what t-shirt you want.



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### Involve women with disabilities in the service.

- Hear and use women's stories in the service.
  - The voice doesn't only tell a story, it has an owner.
    - Develop peer support groups for women.
  - Collaborate with women
  - with disabilities and
  - women with disability advocacy organisations
  - advocacy organisat
    to shape services.

 Include women with
 disabilities on the board and other planning groups in the service.

Collect and use information about the experiences of women with a disability WITH women with disability.



**Data analysis** Involving us in talking about what can be learned from our experiences.

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